

# About Me!

My name is...

Tessa Heady

My birthday is...

29 December

My role at Spiritridge is...

5th grade teacher in AL

I love these colors the most...

greens/bluegreens/oranges

My favorite flowers/plants are...

Any plant! I love plants!

My go to beverage is ...

water or (organic) green tea

Though, I really love to drink this as a treat...

Turmeric/golden oat milk latte.

My favorite sweet treat is ...

I avoid sweets, but I will appreciate homemade stuff.

My favorite salty treat is...

popcorn

My favorite fruits are ...

Apples & eggplant

My favorite veggies are ...

Kale & more eggplant

My favorite meal is...

Sushi or Mediterranean foods

Candy or gum? Well, I do really like ...

Neither

I'm a SUPER FAN of ...

The outdoors

My favorite spots to shop are...

REI & PCC

My favorite hobbies are...

hiking and camping

The best school supply EVER...

good pencils & a good sharpener

Some things that are EXTRA special and UNIQUE about me are...

I am a healthy person. I don't need a lot of stuff. I do not like perfumed things. I wish I could be in nature for two or more hours a day.